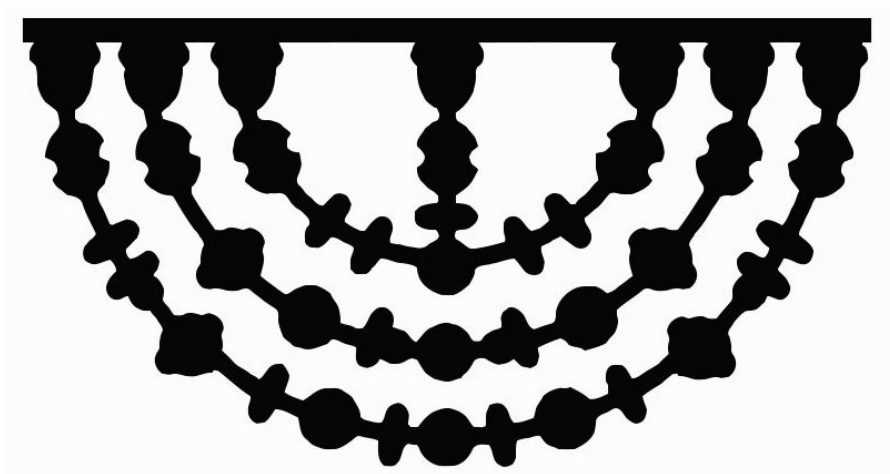


Siddur for Shabbat Morning

Temple Emanu-El

B'nei Mitzvah Service



Friday Evening Kiddush Supplement

*Baruch atah, Adonai Eloheinu,
Melech haolam, borei p'ri
hagafen.*

בָּרוּךְ אַתָּה, יי אֱלֹהֵינוּ, מֶלֶךְ
הָעוֹלָם, בּוֹרֵא פְּרִי הַגָּפֶן.

*Baruch atah, Adonai Eloheinu,
Melech haolam, asher
ki'd'shanu b'mitzvotav v'ratzah
vanu, v'Shabbat kodsho
b'ahavah uv'ratzon hinchilanu,
zikaron l'maaseih v'reishit. Ki
hu yom t'chilah l'mikra-ei
kodesh, zecher litziat
Mitzrayim.*

בָּרוּךְ אַתָּה, יי אֱלֹהֵינוּ, מֶלֶךְ
הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו
וְרָצָה בָּנוּ, וְשִׁבַּת קֹדֶשׁ
בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ, זְכוֹרֹן
לְמַעֲשֵׂה בְּרֵאשִׁית. כִּי הוּא יוֹם
תְּחִלָּה לְמִקְרָאֵי קֹדֶשׁ, זֵכֶר
לִיצִיאַת מִצְרַיִם.

*Ki vanu vacharta, v'otanu
kidashta, mikol haamim.
v'Shabbat kodsh'cha b'ahavah
uv'ratzon hinchaltanu.*

כִּי בָנוּ בְּחֵרְתָּ, וְאוֹתָנוּ קִדְּשָׁתָּ
מִכָּל הָעַמִּים. וְשִׁבַּת קֹדֶשְׁךָ
בְּאַהֲבָה וּבְרָצוֹן הִנְחַלְתָּנוּ.

*Baruch atah, Adonai,
m'kadeish HaShabbat.*

בָּרוּךְ אַתָּה, יי, מְקַדֵּשׁ הַשַּׁבָּת.

Praise to You, Adonai our God, Sovereign of the universe, Creator of the fruit of the vine. Praise to You, Adonai our God, Sovereign of the universe who finding favor with us, sanctified us with *mitzvot*. In love and favor, You made the holy Shabbat our heritage as a reminder of the work of Creation. As first among our sacred days, it recalls the Exodus from Egypt. You chose us and set us apart from the peoples. In love and favor You have given us Your holy Shabbat as an inheritance. Praise to You, Adonai, who sanctifies Shabbat.

Kavanot — Prayer Intentions Supplemental Sheet

Before Tallit Presentation

Va-ani T'filati as for me, prayer is for you. The Hebrew text has often been creatively misread to mean "I am my prayer." All I have to offer in prayer is myself. We begin our prayers with a feeling of humility, knowing that the vaunted words we are about to speak are no greater than the person who speaks them. Most of the prayers in our liturgy are phrased in the first person plural, in which we as a community stand before the Divine presence. But here they are introduced in the halting and somewhat unsure voice of the individual, expressing some of that inadequacy that each of us feels as we enter the place and hour of prayer.

Before *Nisim B'Chol Yom* — For Daily Miracles of Life

Those of us who live in plenty are grateful for the clothing on our bodies, the warmth of a garment that shields us from the elements. We pray for a time when this blessing may be spoken by all people, a time when all humans are clothed with warmth and safety, wrapped in God's love.

Before *Chatzi Kaddish* — Moment of Transition

Focus on the imagery of the body that weaves through this section of the liturgy: Breath. Flesh. Mouth/Mouths. Tongues. Lips. Eyes. Hands. Feet. Limbs. Soul. Tongue. Mouth. Hearts. Bones. Soul. The rabbinic composers of the liturgy have given us here explicit directions for how we are to pray with all our heart and all our soul and all our bodily might. Holiness is the quality or value that things or persons have when they help people to become fully human.

Before *Bar'chu* — Call to Worship

As we bless the Source of Life, so we are blessed. And the blessing gives us strength and makes our vision clear. And the blessing gives us peace, and the courage to dare.

Before *Mi Chamocha* — A Song of Rejoicing

D'rash—A Teaching: We join in singing what the Israelites proclaimed after they had successfully crossed the Sea, and we find in their redemption the strength to seek our own. This struggle carries us into the Amidah, a prayer of becoming, of transformation, of divine-human partnership that brings grace into our lives and into our world.

Ayeka—Where Are We?: The astounding moment of awe and thanksgiving experienced by the Israelites upon crossing the Red Sea has parallels in all of our lives. We have all had difficult crossings, experiences that we struggled through in spite of the pain they caused us. Completion afforded us a sublime sense of inner joy and peace. Take a moment to recall one of those times. Allow the feelings of celebration to envelop you. Hold on to those feelings as we recite the Mi Chamocha.

Before Amidah

D'rash—A Teaching: Acknowledging our ancestors reminds us that what we are is shaped by who they were. Just as an acorn is shaped by the oak that preceded it and yet gives birth to a tree uniquely its own, so we are shaped by our ancestors yet give rise to a Judaism all our own.

The opening of the Amidah calls to mind previous generations, near as well as distant. Take a few moments to think about your parents, your grandparents, other relatives about whom you may have heard stories. What is your connection with them?

Mah Tovu

How Wonderful is This Community

*Mah tovu ohalecha Yaakov,
mishk'notecha, Yisrael!*

מה טובו אהלֵיךָ יַעֲקֹב,
משכְּנֵיךָ יִשְׂרָאֵל.

*Vaani b'rov chasd'cha avo
veitecha, eshtachaveh el
heichal kodsh'cha b'yiratecha.*

וְאֲנִי בְּרַב חֶסֶדְךָ אָבֹא בֵּיתְךָ,
אֶשְׁתַּחֲוֶה אֶל הַיְּכָל קֹדֶשְׁךָ
בִּירְאֶתְךָ.

*Adonai, ahavti m'on beitecha
um'kom mishkan k'vodecha.*

יְיָ אֶהְבֵּתִי מֵעוֹן בֵּיתְךָ, וּמִקּוֹם
מִשְׁכַּן כְּבוֹדְךָ.

*Vaani eshtachaveh v'echraah,
evr'chah lifnei Adonai osi.*

וְאֲנִי אֶשְׁתַּחֲוֶה וְאֶכְרַעָה,
אֶבְרַכָּה לִפְנֵי יְיָ עֹשִׂי.

*Vaani t'filati l'cha, Adonai, eit
ratzon. Elohim, b'rov
chasdecha, aneini be-emet
yishecha.*

וְאֲנִי תִפְלַתִּי לְךָ יְיָ, עֵת רָצוֹן,
אֱלֹהִים בְּרַב חֶסֶדְךָ, עֲנֵנִי
בְּאֵמַת יִשְׁעֶךָ.

How lovely are your tents, O Jacob, your dwelling places, O Israel! In your abundant loving kindness, O God, let me enter Your house, reverently to worship in Your holy temple. Adonai, I love Your house, the place where Your glory dwells. So I would worship with humility, I would seek blessings the presence of God, my maker. To You, then, Adonai, does my prayer go forth. May this be a time of joy and favor. In Your great love, O God, answer me with Your saving truth.

Psalm 150

Let Every Soul Praise God

Hal'luyah!

הַלְלוּיָהּ.

*Hal'lu El b'kodsho, hal'luhu
birkia uzo. Hal'luhu big'vurotav,
hal'luhu k'rov gudlo.*

הַלְלוּ אֵל בְּקֹדֶשׁוֹ, הַלְלוּהוּ
בִּרְקִיעַ עֶזּוֹ. הַלְלוּהוּ
בְּגִבּוֹרָתוֹ, הַלְלוּהוּ כְּרֹב
גִּדְלוֹ.

*Hal'luhu b'teika shofar, hal'luhu
b'neivel v'chinor. Hal'luhu b'tof
umachol, hal'luhu b'minim
v'ugav.*

הַלְלוּהוּ בְּתִקְעַ שׁוֹפָר,
הַלְלוּהוּ בְּנִיבֹל וְכִנּוֹר. הַלְלוּהוּ
בְּתֹף וּמַחֲוֹל, הַלְלוּהוּ בְּמִנִּים
וְעֻגָב.

*Hal'luhu b'tziltz'lei shama,
hal'luhu b'tziltz'lei t'ruah. Kol
han'shamah t'haleil Yah, Hal'lu
Yah!*

הַלְלוּהוּ בְּצִלְצְלֵי-שִׁמְעַ,
הַלְלוּהוּ בְּצִלְצְלֵי תְרוּעָה. כֹּל
הַנְּשָׁמָה תְּהַלֵּל יָהּ
הַלְלוּיָהּ.

Halleluyah! Praise God in God's sanctuary; Praise God whose power the heavens proclaim. Praise God for mighty acts; Praise God for surpassing greatness. Praise God with shofar blast; Praise God with harp and lute. Praise God with drum and dance; Praise God with strings and pipe. Praise God with cymbals sounding; Praise God with cymbals resounding. Let every soul praise Adonai, Halleluyah!

Hinei Mah Tov

We Are a Sacred Community

Hinei mah tov u-mah na-im

הִנֵּה מַה טוֹב וְמַה נָּעִים שָׁבֶת

shevet achim gam yachad.

אֲחִים גַּם יַחַד.

How good it is to be together as one.

3

Elohai N'shama

My Soul is From God

Elohai, n'shamah shenatata bi

אֱלֹהֵי, נִשְׁמָה שֶׁנָּתַתָּ בִּי טְהוֹרָה

to'horah hi. Atah v'ratah, atah

הִיא. אַתָּה בָּרָאתָה,

y'tzartah, atah n'fachtah bi,

אֶתְהַיְצָרְתָּה, אַתָּה נִפְחַתָּה בִּי,

v'atah m'shamrah b'kirbi.

וְאַתָּה מְשַׁמְרָה בְּקִרְבִּי,

Kol z'man shehan'shamah

כָּל זְמַן שֶׁהַנִּשְׁמָה בְּקִרְבִּי,

b'kirbi, modeh/modah ani

מוֹדֶה/מוֹדָה אֲנִי לְפָנֶיךָ,

l'fanecha, Adonai Elohai

v'Elohei avotai v'imotai, Ribon

יְיָ אֱלֹהֵי וְאֱלֹהֵי אֲבוֹתַי וְאִמּוֹתַי,

kol hamaasim, Adon kol

רִבּוֹן כָּל הַמַּעֲשִׂים,

han'shamot.

אֲדוֹן כָּל הַנִּשְׁמוֹת.

Baruch atah, Adonai, asher

בָּרוּךְ אַתָּה יְיָ, אֲשֶׁר בִּידוֹ נָפֶשׁ

b'yado nefesh kol chai v'ruach

כָּל חַי וְרוּחַ כָּל בֶּשָׂר אִישׁ.

kol b'sar ish.

The soul that You have given me, O God, is a pure one! You have created and formed it, breathed it into me, and within me You sustain it. So long as I have breath, therefore, I will give thanks to You, Adonai my God and God of all ages, Ruler of all creation and of every human spirit. Holy One of Blessing, in Your hands are the souls of all the living and the spirit of all flesh.

Presentation of the Tallit

*As this tallit is draped around your shoulders, may the voices of the generations speak to you. May you know that there is a people, a rich heritage to which you belong, a sacred place from which you are connected to all who dwell on earth.

**As you are embraced in the folds of this tallit, so too are you wrapped in the loving embrace of your family, community and this holy congregation. May this simplest of garments always be for you a symbol of God's abiding and sheltering presence.

***As you recite the blessing and wrap yourself in this tallit, we proudly watch and celebrate with you as you accept your place in the chain of our tradition.

Tallit Blessing

Baruch atah, Adonai Eloheinu, Melech

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

haolam, asher kid'shanu b'mitzvotav

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהִתְעַטֵּף

v'tzivanu l'hitateif batzitzit.

בְּצִיצִית.

Praised are You, Adonai our God, Ruler of the Universe, who hallows us with Your *mitzvot*, and teaches us to wrap ourselves in the fringed tallit.

Shehecheyanu

We Bless This Sacred Moment

Baruch atah, Adonai Eloheinu, Melech

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

haolam, shehecheyanu v'kiy'manu

שֶׁהַחַיָּנוּ וְקִיְמָנוּ וְהַגִּיעָנוּ לְזֶמֶן הַזֶּה.

v'higianu laz'man hazeh.

Praised are You, Adonai our God, Ruler of the Universe, for giving us life, for sustaining us, and for enabling us to reach this great day.

Bar/Bat Mitzvah Prayer

*God, be with me on this occasion of my Bar/Bat Mitzvah.

**Help me make meaningful the covenant You now establish with me.

*Sustain me with a sense of holiness; inspire in me a desire to be special.

**I do not ask that You make my life easy, resolve my problems, map out the directions of my life.

*I ask only that You strengthen within me the desire to mold and shape my life in accordance with Your will.

**In this hour of my Bar/Bat Mitzvah

I invoke Your blessings upon my parents and friends and all who have loved and cared for me and have brought me to this time of gladness.

***Give them joy and fulfillment in my growth and my achievement, You who turn the hearts of children to their parents, and the hearts of parents to their children.

***D'rash*—A Teaching**

For whom do we recite blessings? If God is beyond blessing, then we must be reciting them for ourselves. Each *b'rachah* urges us to avoid taking the world for granted. Each contains a vision of the creative or redemptive power in the world. Jewish tradition teaches that living up to our heritage as beings created *b'tzelem* Elohim, in the image of God, requires us to imitate God. Thus each *b'rachah* can teach us something about living our lives in consonance with the Divine. Blessings tell us not so much about a God out there somewhere, they teach us how to make manifest the godly in ourselves.

Nisim B'Chol Yom

For the Daily Miracles of Life

Blessed are You, the Eternal
our God, Ruler of the
Universe, who has implanted
mind and instinct within every
living being.

*Baruch atah, Adonai
Eloheinu, Melech haolam,
asher natan lasechvi
vinah l'havchin bein yom
uvein lailah.*

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, אֲשֶׁר נָתַן לִשְׁכֹּוֹי
בִּינָה לְהַבְחִין בֵּין יוֹם וּבֵין
לַיְלָה.

Blessed are You, the Eternal
our God, who opens the eyes
of the blind.

*Baruch atah, Adonai
Eloheinu, Melech haolam,
pokei-ach ivrim.*

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, פּוֹקֵחַ עֵוְרִים.

Blessed are You, the Eternal
our God, who brings freedom
to the captive.

*Baruch atah, Adonai
Eloheinu, Melech haolam,
matir asurim.*

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, מַתִּיר אֲסוּרִים.

Blessed are You, the Eternal
our God, whose power lifts up
the fallen.

*Baruch atah, Adonai
Eloheinu, Melech haolam,
zokeif k'fufim.*

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, זוֹקֵף כְּפוּפִים.

Blessed are You, the Eternal
our God, who stretches out
the earth over the waters.

*Baruch atah, Adonai
Eloheinu, Melech haolam,
roka haaretz al hamayim.*

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, רוֹקֵעַ הָאָרֶץ עַל
הַמַּיִם.

Blessed are You, the Eternal
our God, who makes firm each
person's steps.

*Baruch atah, Adonai
Eloheinu, Melech haolam,
hameichin mitzadei gaver.*

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, הַמְכִּין מִצְעָדֵי־גִבֹּר.

Blessed are You, the
Eternal our God, who
clothes the naked.

*Baruch atah, Adonai
Eloheinu, Melech haolam,
malbish arumim.*

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, מְלַבֵּשׁ עֲרֻמִּים.

Blessed are You, the
Eternal our God, who
gives strength to the
weary.

*Baruch atah, Adonai
Eloheinu, Melech haolam,
honotein laya-eif ko-ach.*

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, הַנוֹתֵן לַיָּעֵף כֹּחַ.

Blessed are You, the
Eternal our God, who
remove sleep from the
eyes and slumber from
the eyelids.

*Baruch atah, Adonai
Eloheinu, Melech haolam,
hamaavir sheinah mei-
einai, ut'numah mei-
afapai.*

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, הַמַּעֲבִיר שֵׁנָה
מֵעֵינַי, וְתַנּוּמָה מֵעַפְעָפִי.

Blessed are You, the
Eternal our God, who
made me in the image of
God.

*Baruch atah, Adonai
Eloheinu, Melech haolam,
she-asani b'tzelem
Elohim.*

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, שֶׁעָשָׂנִי בְצֶלֶם
אֱלֹהִים.

Blessed are You, the
Eternal our God, who has
made me to be free.

*Baruch atah, Adonai
Eloheinu, Melech haolam,
she-asani ben/bat chorin.*

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, שֶׁעָשָׂנִי בֶן/בַּת
חֹרִין.

Blessed are You, the
Eternal our God, who has
made me a Jew.

*Baruch atah, Adonai
Eloheinu, Melech haolam,
she-asani Yisrael.*

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, שֶׁעָשָׂנִי יִשְׂרָאֵל.

Blessed are You, the
Eternal our God, who
girds our people Israel
with strength.

*Baruch atah, Adonai
Eloheinu, Melech haolam,
ozeir Yisrael big'vurah.*

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, אוֹזֵר יִשְׂרָאֵל
בְּגִבּוּרָה.

Blessed are You, the
Eternal our God, who
crowns Israel with glory.

*Baruch atah, Adonai
Eloheinu, Melech haolam,
oteir Yisrael b'tifarah.*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, עוֹטֵר יִשְׂרָאֵל
בְּתִפְאָרָה.

Blessed are You, the
Eternal our God, who
hallows us with *mitzvot*,
commanding us to
engage with words of
Torah.

*Baruch atah, Adonai
Eloheinu, Melech haolam,
asher ki'd'shanu
b'mitzvotav v'tzivanu
laasok b'divrei Torah.*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ
בְּמִצְוֹתָיו, וְצִוָּנוּ לְעִסּוֹק
בְּדִבְרֵי תוֹרָה.

Ashrei

Psalm 145

Happy are those who dwell in
Your house; they forever
praise you.

*Ashrei yosh'vei veitecha,
od y'hal'lucha selah.*

אַשְׁרֵי יוֹשְׁבֵי בֵּיתְךָ, עוֹד
יְהַלְלוּךָ סֵלָה.

Happy the people who have it
so; Happy the people whose
God is Adonai.

*Ashrei haam shekachah
lo, ashrei haam she-
Adonai Elohav.*

אַשְׁרֵי הָעָם שְׂכַכָּה לוֹ,
אַשְׁרֵי הָעָם שֵׁי אֱלֹהָיו.

A Song of David I will extol
You, My God and Sovereign,
and bless Your name forever
and ever.

*T'hilah l'David,
Aromimcha Elohai
HaMelech, vaavar'chah
shimcha l'olam va-ed.*

תְּהִלָּה לְדָוִד, אֲרוֹמְמָךְ
אֱלֹהֵי הַמֶּלֶךְ, וְאֶבְרַכָּה
שִׁמְךָ לְעוֹלָם וָעֶד.

Every day I will bless You and
praise Your name forever and
ever.

*B'chol yom avarcheka,
vaahal'lah shimcha l'olam
va-ed.*

בְּכָל יוֹם אֶבְרַכְךָ,
וְאֶהַלְלָה שִׁמְךָ לְעוֹלָם וָעֶד.

Great is Adonai and much
acclaimed; God's greatness
cannot be fathomed.

*Gadol Adonai um'hulal
m'od, v'ligdulato ein
cheiker.*

גָּדוֹל יְיָ וּמְהַלָּל מְאֹד,
וְלִגְדֻלָּתוֹ אֵין חֶקֶר.

One generation shall laud
Your works to another and
declare Your mighty acts.

*Dor l'dor y'shabach
maasecha, ug'vurotecha
yagidu.*

דּוֹר לְדּוֹר יִשְׁבַּח מַעֲשֶׂיךָ,
וְגִבּוֹרֹתֶיךָ יַגִּידוּ.

The glorious majesty of Your
splendor and Your wondrous
acts will I recite.

*Hadar k'vod hodecha,
v'divrei nifl'otecha
asichah.*

הַדָּר כְּבוֹד הוֹדֶךָ,
וְדִבְרֵי נִפְלְאוֹתֶיךָ אֶשְׁיַחָה.

They shall talk of the might of
Your awesome deeds, and I
will recount Your greatness.

*Ve-ezuz norotecha
yomeiru, ug'dulat'cha
asaprenah.*

וְעִזּוֹז נִרְאוֹתֶיךָ יֹאמְרוּ,
וְגִדְלֹתֶךָ אֲסַפְּרָנָה.

They shall celebrate Your abundant goodness, and sing joyously of Your beneficence.

*Zecher rav tuvcha yabiyu,
v'tzidkat'cha y'raneinu.*

זָכַר רַב טוֹבָךְ יִבְיְעוּ,
וְצִדְקַתְךָ יִרְנְנוּ.

Adonai is gracious and compassionate slow to anger and abounding in kindness.

*Chanun v'rachum Adonai,
erech apayim ug'dol
chased.*

חֲנוּן וְרַחוּם יְיָ, אֶרֶךְ אַפַּיִם
וְגָדֹל חֶסֶד.

Adonai is good to all, and God's mercy is upon all God's works.

*Tov Adonai lakol,
v'rachamav al kol maasav.*

טוֹב יְיָ לְכָל, וְרַחֲמָיו עַל כָּל
מַעֲשָׁיו.

All Your works shall praise You, Adonai, and Your faithful ones shall bless You.

*Yoducha Adonai kol
maasecha, vachasidecha
y'var'chucha.*

יִזְדוּךְ יְיָ כָּל מַעֲשֵׂיךָ,
וְחַסִּידֶיךָ יְבָרְכֻכָּה.

They shall talk of the majesty of Your sovereignty, and speak of Your might,

*K'vod malchut'cha
yomeiru, ug'vurat'cha
y'dabeiru.*

כְּבוֹד מַלְכוּתְךָ יֹאמְרוּ,
וְגִבּוֹרַתְךָ יְדַבְּרוּ.

To make God's mighty acts known among mortals and the majestic glory of Your sovereignty.

*L'hodi-a liv'nei haadam
g'vurotav, uch'vod hadar
malchuto.*

לְהוֹדִיעַ לְבְנֵי הָאָדָם
גִּבּוֹרָתְךָ, וְכְבוֹד הַדָּר
מַלְכוּתוֹ.

Your sovereignty is eternal; Your dominion is for all generations.

*Malchut'cha malchut kol
olamim, umemshalt'cha
b'chol dor vador.*

מַלְכוּתְךָ מַלְכוּת כָּל
עוֹלָמִים, וּמִמְשַׁלְתְּךָ בְּכָל
דֹּר וָדֹר.

Adonai supports all who stumble, and makes all who are bent stand straight.

*Someich Adonai l'chol
hanof'im, v'zokeif l'chol
hak'fufim.*

סוֹמֵךְ יְיָ לְכָל הַנִּפְלִים,
וְזוֹקֵף לְכָל הַכְּפוּפִים.

The eyes of all look to You expectantly, and You give them their food when it is due.

*Einei chol eilecha
y'sabeiru, v'atah notein
lahem et ochlam b'ito.*

עֵינֵי כָל אֱלִיף יִשְׁבְּרוּ,
וְאַתָּה נוֹתֵן לָהֶם אֶת אֲכָלָם
בְּעֵתוֹ.

You give it openhandedly, feeding every creature to its heart's content.

*Potei-ach et yadecha,
umasbi-a l'chol chai
ratzon.*

פּוֹתֵחַ אֶת יָדְךָ, וּמְשַׁבֵּיעַ
לְכָל חַי רָצוֹן.

Adonai is beneficent in all ways and faithful in all works.

*Tzaddik Adonai b'chol
d'rachav, v'chasid b'chol
maasav.*

צַדִּיק יי בְּכָל דְּרָכָיו, וְחָסִיד
בְּכָל מַעֲשָׁיו.

Adonai is near to all who call, to all who call upon God with sincerity.

*Karov Adonai l'chol kor'av,
l'chol asher yikra-uhu
ve-emet.*

קָרוֹב יי לְכָל קוֹרְאֵיו, לְכָל
אֲשֶׁר יִקְרָאֵהוּ בְּאֵמֶת.

Adonai fulfills the wishes of those who fear God; Adonai hears their cry and delivers them.

*R'tzon y'rei-av yaaseh,
v'et shavatam yishma
v'yoshi-eim.*

רָצוֹן יִרְאֵיו יַעֲשֶׂה, וְאֵת
שׁוֹעֲתָם יִשְׁמַע וְיוֹשִׁיעֵם.

Adonai watches over all who love God, but all the wicked God will destroy.

*Shomeir Adonai et kol
ohavav, v'eit kol harsha-
im yashmid.*

שׁוֹמֵר יי אֶת כָּל אֹהֲבָיו,
וְאֵת כָּל הָרָשָׁעִים יִשְׁמִיד.

My mouth shall utter the praise of Adonai, and all creatures shall less God's holy name forever and ever.

*T'hilat Adonai y'daber pi,
Viy'vareich kol basar
shem kodsho l'olam va-
ed.*

תְּהִלַּת יי יִדְבֹּר פִּי, וְיִבְרַךְ
כָּל בָּשָׂר שֵׁם קֹדֶשׁוֹ לְעוֹלָם
וָעֶד.

We bless God now and always. Hallelujah!

*Vaanachnu n'vareich Yah,
mei-atah v'ad olam,
hal'luyah.*

וְאִנְחֵנוּ נִבְרַךְ יְהוָה,
מֵעַתָּה וְעַד עוֹלָם, הַלְלוּיָהּ.

Nature is God's Niggun

Nature is God's niggun,

a wordless melody of unfolding Life.

To awake to God we must listen in deep silence

Silence arises when thinking ceases.

If we would know God, we must quiet the mind,

cease the chatter that passes for knowledge when in fact it only flatters the foolish.

We cannot live without words, but let us not imagine that words are sufficient.

As a symphony needs rest to lift music out of noise, so we need

Silence to lift Truth out of words.

**May the door of this synagogue be wide enough to
receive all who hunger for love, all who are lonely for
fellowship.**

*May it welcome all who have cares to unburden,
thanks to express, hopes to nurture.*

**May the door of this synagogue be narrow enough to
shut out pettiness and pride.**

*May its threshold be no stumbling block to young or
straying feet.*

**May it be too high to admit indifference, selfishness,
and harshness.**

*May this synagogue be for all who enter, the doorway
to a richer and more meaningful life.*

Chatzi Kaddish

A Moment of Transition

*Yitgadal v'yitkadash sh'meih raba
b'alma di v'ra chiruteih, v'yamlich
malchuteih b'chayeichon
uv'yomeichon uv'chayei d'chol beit
Yisrael, baagala uviz'man kariv,
v'imru: Amen.*

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שֵׁמֶה רַבָּא בְּעָלְמָא
דִּי בְּרָא כְרַעוּתֵיהּ, וְיַמְלִיךְ מַלְכוּתֵיהּ
בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל-בֵּית
יִשְׂרָאֵל, בְּעָגְלָא וּבְזִמָּן קָרִיב,
וְאָמְרוּ אָמֵן.

*Y'hei sh'meih raba m'varach l'alam
ul'almei almaya.*

יְהִי שֵׁמֶה רַבָּא מְבָרַךְ לְעָלָם
לְעָלְמֵי עָלְמַיָּא.

*Yitbarach v'yishtabach v'yitpaar
v'yitromam v'yitnasei, v'yit'hadar
v'yitaleh v'yithalal sh'meih
d'kud'sha b'rich hu, l'eila min kol
birchata v'shirata, tushb'chata
v'nechemata, daamirna b'alma,
v'imru: Amen.*

יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרֹמֵם
וְיִתְנַשֵּׂא, וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל
שֵׁמֶה דְקַדְשָׁא, בְּרִיךְ הוּא
לְעָלָא מִן כָּל-בִּרְכָתָא וְשִׁירָתָא,
תְּשַׁבַּחְתָּא וְנַחֲמָתָא
דְּאָמִירָן בְּעָלְמָא, וְאָמְרוּ אָמֵן.

Exalted and hallowed be God's great name, in the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime and the life of all Israel — speedily, imminently. To which we say: Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort. To which we say: Amen.

Sh'ma U'virchotecha The Sh'ma and Her Blessings

Bar'chu The Call to Worship

(Pick up book and face ark)

Bar'chu et Adonai ham'vorach!

בְּרַכּוּ אֶת יְיָ הַמְּבָרָךְ.

Baruch Adonai ham'vorach

l'olam va-ed!

בָּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד.

Praise is God, to whom our praise is due!

Praised is God, to whom our praise is due, now and for ever!

Yotzeir Or

God is the Creator of All

(Turn back to *amud*)

*Baruch atah Adonai, eloheinu melech
ha-olam, yotzeir or uvorei choshech, oseh
shalom uvorei et hakol.*

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, יוֹצֵר
אוֹר וּבוֹרֵא חֹשֶׁךְ עֹשֶׂה שָׁלוֹם וּבוֹרֵא
אֶת־הַכֹּל.

*Hamei-ir laaretz v'ladarim aleha
b'rachamim, uv'tuvo m'chadeish b'chol
yom tamid maaseih v'reishit.*

הַמַּאִיר לָאָרֶץ וְלַדָּרִים עָלֶיהָ בְּרַחֲמִים,
וּבִטּוֹבוֹ מְחַדֵּשׁ בְּכָל יוֹם תָּמִיד מַעֲשֵׂה
בְּרֵאשִׁית.

*Mah rabu maasecha Adonai, kulam
b'chochmah asita, mal'ah haaretz
kinyanecha.*

מָה רַבּוּ מַעֲשֵׂיךָ יְיָ, כֻּלָּם בְּחָכְמָה עָשִׂיתָ,
מְלֵאָה הָאָרֶץ קִנְיָנְךָ.

*Titbarach Adonai Eloheinu al shevach
maaseih yadecha, v'al m'orei or she-asita
y'faarucha selah.*

תִּתְּבָרָךְ יְיָ אֱלֹהֵינוּ עַל שִׁבְחַ מַעֲשֵׂה יָדֶיךָ,
וְעַל מְאֹרֵי אוֹר שֶׁעָשִׂיתָ יְפָאָרוּךְ סֶלָה.

*Or chadash al tziyon tair, v'nizkeh
chulanu m'heirah l'oro. Baruch atah
Adonai, yotzeir ham'orot.*

אוֹר חָדָשׁ עַל צִיּוֹן תָּאִיר, וְנִזְכֶּה כָּלֵנוּ
מִהֲרָה לְאוֹרוֹ. בָּרוּךְ אַתָּה יְיָ, יוֹצֵר
הַמְּאוֹרוֹת.

Praised are You, Adonai our God, Sovereign of the Universe, Creator of light and darkness, who makes peace and fashions all things. In mercy, You illumine the world and those who live upon it. In Your goodness you daily renew creation. How numerous are Your works, Adonai! In wisdom, You formed them all, filling the earth with Your creatures. Be praised, Adonai our God, for the excellent work of Your hands, and for the lights You created. May they glorify You. Shine a new light upon Zion, that we all may swiftly merit its radiance. Praised are You, Adonai, Creator of all heavenly lights.

Ahavah Rabbah

God's Abundant Love

*Ahavah rabah ahavtanu,
Adonai Eloheinu chemlah
g'dolah viteirah chamalta
aleinu.*

אַהֲבָה רַבָּה אֶהְבְּתָנוּ, יי
אֱלֹהֵינוּ, חֻמְלָה גְדוֹלָה וַיִּתְּרָה
חֻמְלָתָ עָלֵינוּ.

*Ba-avur avoteinu v'imoteinu
shebat'chu v'cha vat'lamdeim
chukei chayim, kein t'choneinu
ut'lamdeinu.*

בְּעִבּוּר אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ
שֶׁבִטְחוּ בָךְ, וַתְּלַמְּדֵם חֻקֵּי
חַיִּים, כֵּן תַּחַנְּנוּ וַתְּלַמְּדֵנוּ.

*Ham'racheim, racheim aleinu,
v'tein b'libeinu l'havin ul'haskil,
lishmo-a, lilmod ul'lameid
lishmor v'laasot ul'kayeim et
kol divrei talmud Toratecha
b'ahavah.*

הַמְּרַחֵם, רַחֵם עָלֵינוּ, וְתֵן
בְּלִבֵּנוּ לְהִבִּין וּלְהַשְׁכִּיל, לְשִׁמְעַ,
לְלַמֵּד וּלְלַמֵּד, לְשִׁמֹּר וּלְעֲשׂוֹת
וּלְקַיֵּם אֶת כָּל דְּבָרֵי תִּלְמוּד
תּוֹרַתְךָ בְּאַהֲבָה.

*Baruch atah, adonai habocheir
b'amo Yisrael b'ahavah.*

בָּרוּךְ אַתָּה יי, הַבּוֹחֵר בְּעַמּוֹ
יִשְׂרָאֵל בְּאַהֲבָה.

Enlighten us with Your Torah, cause our hearts to cling to Your *mitzvot*. Make our hearts one, to love Your name and be in awe of it. Keep us from shame, and from humiliation, and from stumbling, today and always. For we have trusted in Your holy, great, and awesome name. May we be glad, rejoicing in Your saving power, and may You reunite our people from all corners of the earth, leading us proudly independent to our land. For You are the redeeming God and have brought us near to your great name, to offer thanks to You, and lovingly declare Your unity. Blessed are You, Abundant One, Who lovingly cares for your people Israel.

“World of Your Dreams”

May your eyes shine with the light of Torah
And your face be radiant as the brightness of the sky.
May your lips speak words of wisdom,
And may the world you live in be the world of your dreams.
May you see your world created in your lifetime.
May you see your visions come to be.
May your hope touch every generation to come.
These are the prayers we have for you.
May your eyes shine with the light of Torah
And your face be radiant as the brightness of the sky.
May your lips speak words of wisdom,
And may the world you live in be the world of your dreams.
May you be blessed with understanding,
With wisdom and compassion in your heart.
May your tongue be filled with song.
And your lips sing out for justice.
These are the prayers we have for you.
May your eyes shine with the light of Torah
And your face be radiant as the brightness of the sky.
May your lips speak words of wisdom,
And may the world you live in be the world of your dreams.
May your eyes shine with the light of Torah
And your face be radiant as the brightness of the sky.
May your lips speak words of wisdom,
And may the world you live in be the world of your dreams.

“Olam Chesed”

Olam Chesed Yibaneh, ya lai lai lai lai... (4x)

I will build this world from love, yai lai...
And you must build this world from love, yai lai...
And if we build this world from love, yai lai...
Then God will build this world from love, yai lai...

Sh'ma

שמע ישראל יהוה אלהינו יהוה אחד

*Sh'ma Yisrael, Adonai
Eloheinu, Adonai Echad!*

שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ יְיָ אֶחָד.

*Baruch shem k'vod malchuto
l'olam va-ed.*

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם
וָעֶד.

Hear, O Israel: Adonai is our God, Adonai is One!
Praised be God's name whose glorious sovereignty is for ever and ever!

V'ahavta

You Shall Love

*V'ahavta et Adonai Elohecha,
b'chol l'vavcha uv'chol
nafsh'cha uv'chol m'odecha.*

וְאַהֲבַתָּ אֶת יְיָ אֱלֹהֶיךָ בְּכָל-
לִבְבְּךָ וּבְכָל-נַפְשְׁךָ וּבְכָל-מְאֹדְךָ:

*V'hayu had'varim ha-eileh
asher anochi m'tzav'cha
hayom al l'vavecha.*

וְהָיוּ הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אֲנִי
מְצַוְנֶךָ הַיּוֹם עַל-לִבְבְּךָ:

*V'shinantam l'vanecha
v'dibarta bam b'shivt'cha
b'veitecha uv'lecht'cha
vaderech uv'shochb'cha
uv'kumecha.*

וּשְׁנַנְתָּם לְבָנֶיךָ וְדִבַּרְתָּ בָּם
בְּשִׁבְתְּךָ בְּבֵיתְךָ וּבִלְכֹתְךָ בַּדֶּרֶךְ
וּבְשֹׁכְבְּךָ וּבְקוּמְךָ:

*Uk'shartam l'ot al yadecha
v'hayu l'totafot bein einecha.*

וּקְשַׁרְתָּם לְאוֹת עַל-יָדְךָ וְהָיוּ
לְטֹטְפֹת בֵּין עֵינֶיךָ:

*Uch'tavtam al m'zuzot beitecha
uvish'arecha.*

וְכָתַבְתָּם עַל-מְזוֹזֹת בֵּיתְךָ
וּבְשַׁעְרֶיךָ:

*L'maan tizk'ru, vaasitem et kol
mitzvotai vih'yitem k'doshim
l'Eloheichem.*

לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם
אֶת־כָּל־מִצְוֹתַי וְהָיִיתֶם קְדוֹשִׁים
לֵאלֹהֵיכֶם:

*Ani Adonai Eloheichem, asher
hotzeiti et-chem mei-eret
Mitzrayim lih'yot lachem
l'Elohim*

אֲנִי יְיָ אֱלֹהֵיכֶם אֲשֶׁר הוֹצֵאתִי
אֶתְכֶם מֵאֶרֶץ מִצְרַיִם לֵהָיוֹת
לָכֶם לֵאלֹהִים

Ani Adonai Eloheichem.

אֲנִי יְיָ אֱלֹהֵיכֶם:

You shall love the Lord Adonai your God with all your mind, with all your strength, with all your being. Set these words, which I command you this day, upon your heart. Teach them faithfully to your children; speak of them in your home and on your way, when you lie down and when you rise up. Bind them as a sign upon your hand; let them be a symbol before your eyes; inscribe them on the doorposts of your house, and on your gates. Be mindful of all My *mitzvot*, do them; so shall you consecrate yourselves to your God. I, Adonai, am your God who brought you out of the land of Egypt to be your God; I, Adonai, am your God.

Geulah **From Slavery to Freedom**

Adonai our God, You took us out of slavery in Egypt.

You made us free.

*You were in the courage with which we overcame
forty years of desert wandering.*

**Even today, You are in the hope that, like a beam of light,
brightens the darkness of suffering and despair.**

You are in the love that creates, protects, forgives.

**Standing at the sea, we felt Your goodness and Your love, and we
sang a new song to You. And still, today, we sing that song.**

We praise You, Adonai – Redeemer of Israel.

Mi Chamocha **A Song of Rejoicing**

*Mi chamochah ba-eilim,
Adonai! Mi kamochah nedar
bakodesh, nora t'hilot, oseh
fele!*

מִי כַמֹּכָה בָּאֵלִים יי,
מִי כַמֹּכָה נֶאֱדָר בְּקֹדֶשׁ,
נֹרָא תְהִלָּת, עֹשֶׂה פֶלֶא.

*Shirah chadashah shib'chu
g'ulim l'shimcha al s'fat hayam.
Yachad kulam hodu v'himlichu
v'amru:*

שִׁירָה חֲדָשָׁה שִׁבְחוּ גְּאוּלִּים
לְשִׁמְךָ עַל שְׂפַת הַיָּם. יַחַד כָּלֶם
הִודוּ וְהִמְלִיכוּ וְאָמְרוּ:

Adonai yimloch l'olam va-ed.

יי יִמְלֹךְ לְעוֹלָם וָעֶד.

*Tzur Yisrael, kumah b'ezrat
Yisrael uf'deih chinumecha
Y'hudah v'Yisrael. Go-aleinu
Adonai Tz'vaot sh'mo, k'dosh
Yisrael.*

צֹר יִשְׂרָאֵל, קוּמָה בְּעֶזְרָת
יִשְׂרָאֵל, וּפִדָּה כְּנַאֲמֶךָ יְהוּדָה
וְיִשְׂרָאֵל. גְּאֲלֵנוּ יי צְבָאוֹת שְׁמוֹ
קְדוֹשׁ יִשְׂרָאֵל.

*Baruch atah, Adonai, gaal
Yisrael.*

בָּרוּךְ אַתָּה יי גֹּאֵל יִשְׂרָאֵל.

Who is like You, Eternal One, among the gods that are worshipped? Who is like You, majestic in holiness, awesome in splendor, doing wonders? A new song the redeemed sang to Your name. At the shore of the sea, saved from destruction, they proclaimed Your sovereign power: "The Eternal will reign forever and ever!" O Rock of Israel, arise to Israel's help; fulfill Your promise of redemption for Judah and Israel. Our Redeemer 'Adonai of Hosts' is God's Name, the Holy One of Israel. Blessed are You, Adonai, the Redeemer of Israel.

Amidah
Prayer of the Heart

(Pick up book and face ark)

*Adonai, s'fatai tiftach, ufi yagid
t'hilatecha.*

אֲדֹנָי שְׁפָתַי תִּפְתָּח וּפִי יַגִּיד
תְּהִלָּתְךָ.

Adonai, open up my lips that my mouth may declare Your praise.

Avot v'Imahot
We Connect to Our Ancestors

*Baruch atah, Adonai Eloheinu
v'Elohei avoteinu v'imoteinu,
Elohei Avraham, Elohei
Yitzchak v'Elohei Yaakov,
Elohei Sarah, Elohei Rivkah,
Elohei Rachel v'Elohei Leah.*

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ וְאֱלֹהֵי
אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ, אֱלֹהֵי
אַבְרָהָם אֱלֹהֵי יִצְחָק וְאֱלֹהֵי
יַעֲקֹב, אֱלֹהֵי שָׂרָה, אֱלֹהֵי
רִבְקָה, אֱלֹהֵי רָחֵל וְאֱלֹהֵי לֵאָה.

*Ha-El hagadol hagibor
v'hanora, El elyon, gomeil
chasadim tovim, v'koneih
hakol, v'zocheir chasdei avot
v'imahot, umeivi g'ulah liv'nei
v'neiher l'maan sh'mo
b'ahavah.*

הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל
עֲלִיּוֹן, גּוֹמֵל חֲסָדִים טוֹבִים
וְקוֹנֵה הַכֹּל, וְזוֹכֵר חֲסֵדֵי אֲבוֹת
וְאִמּוֹת, וּמְבִיא גְאֻלָּה לְבָנָי
בְּנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה.

Melech ozeir umoshia umagen.

מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמַגֵּן.

*Baruch atah, Adonai, magein
Avraham v'ezrat Sarah*

בָּרוּךְ אַתָּה יְיָ מַגֵּן אַבְרָהָם
וְעֶזְרַת שָׂרָה.

We praise You, Adonai our God and God of all generations: God of Abraham, God of Isaac, and God of Jacob; God of Sarah, God of Rebecca, God of Rachel and God of Leah; great, mighty, and awesome God, God supreme. Master of all the living, Your ways are ways of love. You remember the faithfulness of our ancestors, and in love bring redemption to their children's children for the sake of Your name. You are our Sovereign and our Help, our Savior and our shield. Blessed is the Holy One, the shield of Abraham and protector of Sarah.

G'vurot

We Are Never Abandoned—We Are Lifted Up

*Atah gibor l'olam, Adonai,
m'chayeih hakol atah, rav
l'hoshia.*

אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנָי, מְחַיֶּה
הַכֹּל אַתָּה רַב לְהוֹשִׁיעַ.

*Winter — Mashiv haruach
umorid hagashem.*

מְשִׁיב הַרוּחַ וּמוֹרִיד הַגֶּשֶׁם. Winter

Summer — Morid hatal.

מוֹרִיד הַטֵּל. Summer

*M'chalkeil chayim b'chesed,
m'chayeih hakol b'rachamim
rabim, someich noflim, v'rofei
cholim, umatir asurim,
um'kayeim emunato lisheinei
afar.*

מְכַלְכֵּל חַיִּים בְּחֶסֶד, מְחַיֶּה
הַכֹּל בְּרַחֲמִים רַבִּים, סוֹמֵךְ
נוֹפְלִים וְרוֹפֵא חוֹלִים וּמַתִּיר
אֲסוּרִים, וּמְקַיֵּם אֱמוּנָתוֹ לִישְׁנֵי
עָפָר.

*Mi chamochah baal g'vurot umi
domeh lach, melech meimit
um'chayeh umatzmiach
y'shuah.*

מִי כְמוֹךָ בַּעַל גְּבוּרוֹת וּמִי דוֹמֶה
לָךְ, מֶלֶךְ מִמִּית וּמְחַיֶּה וּמַצְמִיחַ
יְשׁוּעָה.

*V'ne-eman atah l'hachayot
hakol.*

וְנֶאֱמַן אַתָּה לְהַחְיֹת הַכֹּל.

*Baruch atah, Adonai,
m'chayeih hakol.*

בָּרוּךְ אַתָּה יְיָ מְחַיֶּה הַכֹּל.

(Turn back to *amud*)

Eternal is Your might, O God; all life is Your gift; great is Your power to save.

From Sh'mini Atzeret to Pesach, add: You cause the wind to blow and the rain to fall.

From Pesach to Sh'mini Atzeret add: You cause the dew to fall

With love You sustain the living, with great compassion give life to all. You send help to the falling and healing to the sick; You bring freedom to the captive and keep faith with those who sleep in the dust. Who is like You, Mighty One? Who is Your equal, Author of life and death, Source of salvation? Faithful are You in giving life to all. Blessed is the Holy One, the Source of life.

Many are the ways of holiness; varied are its paths.

There is holiness when we strive to be true to the best we know.

There is holiness when we are kind to others.

There is holiness when we strive for harmony in all of our relationships.

There is holiness when people of different backgrounds work together for a common future.

There is holiness when people seek justice and struggle for righteousness.

There is holiness when people create lasting poetry or song or philosophy.

There is holiness when we forget what divides us and remember what unites us.

Holy, holy, holy, is Adonai our God.

K'dusha Sanctification

We sanctify Your name on earth, even as all things, to the ends of time and space, proclaim Your holiness; and in the words of the prophet we say:

*N'kadeish et shimcha
baolam, k'shem
shemakdishim oto
bish'mei marom, kakatuv
al yad n'vi-echa, v'kara
zeh el zeh v'amar:*

נִקְדֵּשׁ אֶת־שְׁמֶךָ בְּעוֹלָם,
בְּשֵׁם שְׁמִקְדִּישִׁים אוֹתוֹ
בְּשִׁמְי מָרוֹם, כַּכְּתוּב עַל יַד
נְבִיאֶךָ, וְקָרָא זֶה אֶל זֶה
וְאָמַר:

(go up on toes 3x)

Holy, holy, holy Is Adonai of Hosts; the fullness of the whole earth is God's glory!

*Kadosh, kadosh, kadosh
Adonai tz'vaot, m'lo chol
haaretz k'vodo.*

קָדוֹשׁ קָדוֹשׁ קָדוֹשׁ יי
צְבָאוֹת, מְלֵא כָּל־הָאָרֶץ
בְּבוֹדוֹ.

Source of our strength, Sovereign God, how majestic is Your presence in all the earth!

*Adir adireinu, Adonai
Adoneinu, mah adir
shimcha b'chol haaretz.*

אֲדִיר אֲדִירֵנוּ יי אֲדוֹנֵינוּ,
מָה אֲדִיר שְׁמֶךָ
בְּכָל־הָאָרֶץ.

Blessed is the glory of God in heaven and earth.

*Baruch k'vod Adonai
mimkomo.*

בָּרוּךְ כְּבוֹד יי מִמְּקוֹמוֹ.

Our God is One and our Creator; God is our Sovereign and our Helper; and in God's mercy God is revealed in the sight of all the living;

*Echad hu Eloheinu, hu
Avinu, hu Malkeinu, hu
Moshi-einu, v'hu yashmi-
einu b'rachamav l'einei
kol chai.*

אֶחָד הוּא אֱלֹהֵינוּ, הוּא
אֲבִינוּ, הוּא מְלֻכְנוּ, הוּא
מוֹשִׁיעֵנוּ; וְהוּא יִשְׁמִיעֵנוּ
בְּרַחֲמָיו לְעֵינֵי כָּל־חַי:

"I am Adonai Your God!"

Ani Adonai Eloheichem.

אֲנִי יי אֱלֹהֵיכֶם.

God shall reign for ever; your God, O Zion, from generation to generation. Halleluyah!

*Yimloch Adonai l'olam,
Elohayich Tzion l'dor
vador, hal'luyah.*

יִמְלֹךְ יי לְעוֹלָם אֱלֹהֶיךָ צִיּוֹן
לְדֹר וָדֹר, הַלְלוּיָהּ.

To all generations, we will make known Your greatness, and to all eternity proclaim Your holiness.	<i>L'dor vador nagid godlecha ul'neitzach n'tzachim k'dushat-cha nakdish,</i>	לְדוֹר וָדוֹר נִגִּיד גְּדֻלָּתְךָ וְלִנְצַח נִצָּחִים קְדוּשַׁתְךָ נִקְדִּישׁ.
Your praise, O God, shall never depart from our lips, for You are God and King, great and holy.	<i>v'shivchacha Eloheinu mipinu lo yamush l'olam va-ed. Ki el Melech gadol v'kadosh atah.</i>	וְשִׁבְחֶךָ אֱלֹהֵינוּ מִפִּינוּ לֹא יָמוּשׁ לְעוֹלָם וָעֶד, כִּי אֵל מֶלֶךְ גָּדוֹל וְקָדוֹשׁ אַתָּה.
Blessed is the Eternal, the holy Sovereign God.	<i>Baruch atah, Adonai, Ha- El hakadosh.</i>	בָּרוּךְ אַתָּה יְיָ הָאֵל הַקָּדוֹשׁ.

From of old, the Jewish people have seen Shabbat as a unique gift, a token of its covenant with God.

Shabbat is the most cherished creation of the Jewish spirit; it mirrors the essence of the Jewish soul.

Shabbat has never been merely a day of rest from labor; it has always been a break in the routine of everyday life.

Shabbat is a symbol of liberation and triumph, of the holy over the profane, of spirit over matter.

In every age Shabbat afforded the Jew a sacred retreat, a haven of safety, a fountain of new strength and perpetual renewal.

Shabbat nurtures family life in love and harmony; a home at peace welcomes Shabbat with joy.

Shabbat is part of nature's design, the very purpose of creation; all that was created attained its fulfillment in Shabbat.

Shabbat is our hope, the calm haven where all the weary find rest; with the coming of Shabbat, redemption and peace enter the world.

Yism'chu **Sabbath Joy**

Yism'chu v'malchut'cha
shomrei Shabbat v'korei oneg.

יְשִׁמְחוּ בְּמַלְכוּתְךָ שׁוֹמְרֵי שַׁבָּת
וְקוֹרְאֵי עֲנֹג.

Am m'kad'shei sh'vi-i, kulam
yisb'u v'yitangu mituvecha.

עִם מְקַדְּשֵׁי שְׁבִיעִי, כָּלֶם יִשְׁבְּעוּ
וְיִתְעַנְּגוּ מִטוּבְּךָ.

V'hashvi-i ratzita bo v'kidashto,
chemdat yamim oto karata,

וּבְשִׁבְעִי רָצִיתָ בּוֹ וְקִדַּשְׁתָּו,
חֶמְדַּת יָמִים אוֹתוֹ קָרַאתָ,

zecher l'maaseih v'reishit.

זֵכֶר לַמַּעֲשֵׂה בְּרֵאשִׁית.

Those who keep the Sabbath and call it a delight shall rejoice in Your rule. All who hallow the seventh day shall be gladdened by Your goodness. This day is Israel's festival of the spirit, sanctified and blessed by You, the most precious of days, a symbol of the joy of creation.

Our world is full of wonders and miracles, but all it takes is one little hand placed before our eyes, and we see nothing.

But miracles are all around us - and within us. We are each walking miracles.

**When we are bruised, what miracle heals us?
When we see beauty, what miracle elevates us? When we hear music, what miracle moves us?**

When we see suffering, what miracle saddens us? When we give and receive love, what miracle warms us? When we pray, what miracle renews us?

Every springtime is a miracle; every snowflake is a miracle. The thoughts we think, the words we speak, the hopes we cherish - each is a miracle.

For all these miracles, may Your name be exalted and blessed, for ever and ever.

Our God, we know there is no greater gift than peace. Help us to find the peace that comes from the love of Your Torah.

Inspire us to banish hatred, war, bloodshed and bigotry. Help us to establish forever one human family doing Your will in love and peace.

Help us to find peace in ourselves and among all people. O God of peace, bless us with peace.

You have given us the power, O God, to bring peace and justice into the world. May we always love peace and pursue it, and love our fellow creatures. Fill us with kindness, wisdom and love. Then shall we learn to live in peace. Blessed is God, Teacher of Peace.

Sim Shalom
Grant Us Peace

*Sim Shalom tova uv'rachah,
chein vachessed v'rachamim,
aleinu v'al kol Yisrael amecha.*

שִׁים שְׁלוֹם טוֹבָה וּבְרָכָה, חֵן
וְחֶסֶד וְרַחֲמִים עָלֵינוּ וְעַל
כָּל-יִשְׂרָאֵל עִמָּךְ.

*Bar'cheinu, yotzreinu, kulanu
k'echad b'or panecha, ki v'or
panecha natata lanu, Adonai
Eloheinu, Torat chayim
v'ahavat chesed, utz'dakah
uv'rachah v'rachamim v'chayim
v'shalom.*

בְּרַכְנוּ אֲבֵינוּ כָּלֵנוּ כְּאַחַד בְּאוֹר
פְּנִיךָ, כִּי בְּאוֹר פְּנִיךָ נִתְּתָה לָנוּ יְיָ
אֱלֹהֵינוּ, תּוֹרַת חַיִּים וְאַהֲבַת
חֶסֶד, וּצְדָקָה וּבְרָכָה
וְרַחֲמִים וְחַיִּים וְשְׁלוֹם.

*V'tov beinecha l'vareich et
amcha Yisrael b'chol eit uv'chol
shaah bish'lomecha.*

וְטוֹב בְּעֵינֶיךָ לְבָרֵךְ אֶת-עַמָּךְ
יִשְׂרָאֵל בְּכָל-עֵת וּבְכָל-שָׁעָה
בְּשָׁלוֹמָךְ.

*Baruch atah, Adonai,
ham'vareich et amo Yisrael
bashalom.*

בָּרוּךְ אַתָּה יְיָ הַמְּבָרֵךְ אֶת-עַמּוֹ
יִשְׂרָאֵל בְּשָׁלוֹם.

Peace, happiness, and blessing; grace and love and mercy: may these descend on us, on all Israel, and all the world. Bless us, our Creator, one and all, with the light of Your presence; for by that light, O God, You have revealed to us the law of life: to love kindness and justice and mercy, to seek blessing, life and peace. O bless Your people Israel and all peoples with enduring peace! Praised are You, Adonai, Who blesses Your people Israel with peace.

T'filat Shebalev
Silent Meditation

Strange is our situation here on earth. Each of us has come for a short visit, not knowing why, yet sometimes seeming to divine a purpose. From the standpoint of daily life, however, there is one thing we do know: that we are here for the sake of humanity, for the countless unknown souls with whose fates we are connected by a bond of sympathy. Many times a day I realize how my own outer and inner life is built on the labors of my fellow human beings, both living and dead, and how earnestly I must exert myself in order to give in return as much as I have received and am still receiving.

Elohai N'tzor

*Elohai, n'tzor l'shoni meira,
us'fatai midabeir mirmah,
v'limkal'lai nafshi tidom,
v'nafshi ke-afar lakol tihyeh.
P'tach libi b'toratecha.*

אֱלֹהִי, נָצוֹר לְשׁוֹנִי מֵרָע, וּשְׂפָתַי
מִדְבַּר מִרְמָה, וְלִמְקַלְלִי גַפְשִׁי
תִּדְם, וְנַפְשִׁי כְּעָפָר לְכָל תְּהִיָּה.
פֶּתַח לְבִי בְּתוֹרַתְךָ.

*Yihyu l'ratzon imrei fi v'hegyon
libi l'fanecha, Adonai tzuri
v'goali.*

יִהְיוּ לְרָצוֹן אִמְרֵי פִי וְהִגְיוֹן לְבִי
לְפָנֶיךָ, יְיָ צוּרִי וְגֹאֲלִי.

*Oseh shalom bimromav, hu ya-
aseh shalom aleinu, v'al kol
yisra-eil, v'imru amein.*

עֹשֶׂה שָׁלוֹם בְּמְרוֹמָיו, הוּא
יַעֲשֶׂה שָׁלוֹם עָלֵינוּ, וְעַל כָּל
יִשְׂרָאֵל, וְאָמְרוּ אָמֵן.

O God, keep my tongue from evil and my lips from speaking deceit. Help me to be silent in the face of derision, humble in the presence of all. Open my heart to Your Torah. May the words of my mouth and the meditation of my heart be acceptable to You, Eternal One, my Rock and my Redeemer. May the One who makes peace in the heavens, make peace upon us and all Israel. And let us say, Amen.

Parents' Blessing

* May you live to see your world fulfilled,
May your destiny be for worlds still to come,
And may you trust in generations past and yet to be.

** May your heart be filled with intuition
And your words be filled with insight.
May songs of praise ever be upon your tongue
And your vision be on a straight path before you.

* May your eyes shine with the light of holy words
And your face reflect the brightness of the heavens.
May your lips ever speak wisdom
And your fulfillment be in righteousness.

** A Jewish home opens its heart,
and its link to the generations is proclaimed.
Today, our child, nearly grown,
is called to read from the Torah
and is welcomed into the congregation.

*** May this moment be blessed.

Torah Service Ein Kamocha None is Like You

None compare to You, O God, among the gods that are worshipped, and nothing compares to Your creation. Your sovereignty is everlasting; Your dominion endures throughout all time.

Adonai reigns; Adonai has reigned; Adonai will reign for all eternity. May God give strength to our people; may God bless our people with peace.

*Ein kamocha vaElohim
Adonai, v'ein k'maasecha.
Malchut'cha malchut kol
olamim, umemshalt'cha
b'chol dor vador.*

*Adonai melech, Adonai
malach, Adonai yimloch
l'olam va-ed. Adonai oz
l'amo yitein, Adonai
y'vareich et amo
vashalom.*

אין כַּמוֹךָ בָּאֱלֹהִים אֲדֹנִי,
וְאִין כַּמַּעֲשִׂיךָ מַלְכוּתְךָ
מַלְכוּת כָּל-עוֹלָמִים,
וּמִמְשַׁלְתְּךָ בְּכָל-דּוֹר וְדוֹר.

יְיָ מֶלֶךְ, יְיָ מֶלֶךְ, יְיָ יִמְלֹךְ
לְעוֹלָם וָעֶד. יְיָ עֲזֵר לְעַמּוֹ
יִתֵּן, יְיָ יְבָרֵךְ אֶת-עַמּוֹ
בְּשָׁלוֹם.

Av Harachamim Source of Mercy

Source of mercy, favor Zion with Your goodness; let the walls of Jerusalem be rebuilt.

In You alone do we put our trust, O Sovereign God, high and exalted, God of Eternity.

*Av harachamim, heitivah
virtzoncha et Tzion, tivneh
chomot Y'rushalayim.*

*Ki v'cha l'vad batachnu,
Melech El ram v'nisa,
Adon olamim.*

אֵב הַרַחֲמִים, הִיטִיבָה
בְּרִצּוֹנְךָ אֶת-צִיּוֹן, תִּבְנֶה
חוֹמוֹת יְרוּשָׁלַיִם.

כִּי בְּךָ לְבַד בִּטַּחְנוּ, מֶלֶךְ
אֵל רָם וְנִשָּׂא, אֲדוֹן
עוֹלָמִים.

Ki Mitziyon From Zion

For out of Zion shall go forth Torah, and the word of Adonai from Jerusalem.

Praised be the One who in holiness has given the Torah to our people Israel.

*Ki mitziyon teitzei Torah,
ud'var Adonai
miY'rushalayim.*

*Baruch shenatan Torah
l'amo Yisrael bik'dushato.*

כִּי מִצִּיּוֹן תֵּצֵא תוֹרָה, וְדָבָר
יְיָ מִירוּשָׁלַיִם.

בָּרוּךְ שֶׁנָּתַן תוֹרָה לְעַמּוֹ
יִשְׂרָאֵל בְּקִדְשָׁתוֹ.

Transmission of the Torah From Generation to Generation

Sh'ma **Hear O Israel**

Hear, O Israel, Adonai is
our God, Adonai is One.

*Shema Yisrael, Adonai
Eloheinu, Adonai Echad.*

שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ
יְיָ אֶחָד:

Our God is One; our God
is great; holy is God's
name.

*Echad Eloheinu gadol
Adoneinu, kadosh sh'mo.*

אֶחָד אֱלֹהֵינוּ, גָּדוֹל אֲדוֹנֵינוּ,
קָדוֹשׁ שְׁמוֹ.

Proclaim God's greatness
with me; and together let
us exalt God's name.

*Gadlu l'Adonai iti,
un'rom'mah sh'mo
yachdav.*

גִּדְּלוּ לַיְיָ אֶתִּי, וּנְרוֹמְמָה
שְׁמוֹ יַחְדָּו.

L'cha Adonai **God's Grandeur**

Yours, Adonai, is the
greatness, the power, the
glory, the victory, and the
majesty; for all that is in
heaven and on earth is
Yours. Yours is the
kingdom, O God; You are
supreme over all.

*L'cha Adonai hag'dulah
v'hag'vurah v'hatiferet
v'haneitzach v'hahod, ki
chol bashamayim
uvaaretz. L'cha Adonai
hamamlachah
v'hamitnasei l'chol l'rosh.*

לְךָ יְיָ הַגְּדֻלָּה וְהַגְּבוּרָה
וְהַתְּפָאֶרֶת וְהַנִּצָּח וְהַהוֹד,
כִּי כָל בְּשָׁמַיִם וּבָאָרֶץ, לְךָ
יְיָ הַמַּמְלָכָה וְהַמִּתְנַשֵּׂא לְכָל
לְרֹאשׁ.

Exalt and worship God
at God's holy mountain.
Adonai our God is holy.

*Rom'mu Adonai Eloheinu,
v'histachavu l'har kodsho,
ki kadosh Adonai
Eloheinu.*

רוֹמְמוּ יְיָ אֱלֹהֵינוּ וְהִשְׁתַּחֲווּ
לְהַר קֹדֶשׁוֹ, כִּי קָדוֹשׁ יְיָ
אֱלֹהֵינוּ.

Blessing Before Reading from the Torah

Bar'chu et Adonai ham'vorach

בְּרַכּוּ אֶת יְיָ הַמְּבָרָךְ.

(Congregation responds)

*Baruch Adonai ham'vorach l'olam
va-ed.*

Congregation responds

בְּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד.

*Baruch Adonai ham'vorach
l'olam va-ed.*

בְּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד.

*Baruch Atah Adonai, Eloheinu
melech ha-olam, asher bachar
banu mi-kol ha-amim, v'natan
lanu et Torah-to.*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם אֲשֶׁר בָּחַר בָּנוּ מִכָּל-
הָעַמִּים וְנָתַן לָנוּ אֶת-תּוֹרָתוֹ.

*Baruch atah Adonai, notein
ha-Torah.*

בְּרוּךְ אַתָּה יְיָ נוֹתֵן הַתּוֹרָה.

Praise Adonai, to whom our praise is due! Praised be Adonai, to whom our praise is due, now and forever! Blessed are You, Adonai our God, Sovereign of the Universe, who has chosen us from all peoples by giving us Your Torah. Blessed are You, Adonai, Giver of the Torah.

Blessing After Reading from the Torah

*Baruch atah Adonai, Eloheinu
melech ha-olam asher natan
lanu Torat emet, v'cha-yei olam
nata b'to-cheinu.*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם אֲשֶׁר נָתַן לָנוּ תּוֹרַת
אֱמֶת וַחַי עוֹלָם נִטֵּעַ בְּתוֹכֵנוּ.

*Baruch atah Adonai, notein
ha-Torah.*

בְּרוּךְ אַתָּה יְיָ נוֹתֵן הַתּוֹרָה.

Blessed are You, Adonai our God, Sovereign of the Universe, who has given us a Torah of truth, implanting within us eternal life. Blessed are You, Adonai, Giver of the Torah.

Divrei Torah — Words of Torah

Mi Shebeirach
A Blessing for the Bar/Bat Mitzvah

For a Bar Mitzvah

מִי שֶׁבִּרְךְ אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ, אַבְרָהָם יִצְחָק וְיַעֲקֹב, שָׂרָה רִבְקָה רָחֵל וְלֵאָה, הוּא
יְבָרֶךְ אֶת-_____ בֶּן _____ שֶׁהֵגִיעַ לְמִצְוֹת וְעָלָה לַתּוֹרָה. הַקְדוֹשׁ
בְּרוּךְ הוּא יִשְׁמְרֶהוּ וְיַחְיֶהוּ וְיַכּוֹנֵן אֶת-לְבוֹ לְהִיטֵל שָׁלֵם עִם יְיָ אֱלֹהָיו, לְהַגִּיד
בְּתוֹרָתוֹ, לָלֶכֶת בְּדַרְכּוֹ וּלְשַׁמֹּר מִצְוֹתָיו, וְיִמְצָא חֵן וְשָׂכָל טוֹב בְּעֵינֵי אֱלֹהִים וְאָדָם,
וְנֹאמַר אָמֵן.

May God who blessed our ancestors, Abraham, Isaac, and Jacob, Sarah, Rebecca, Rachel and Leah, bless _____ who has come for an *aliyah* upon the age of *mitzvot*. May the Holy One guard him and sustain him, helping him to be wholehearted in his faith, studying God's Torah, walking in God's ways and fulfilling God's *mitzvot*. May he find favor before God and all people. And let us say: Amen.

For a Bat Mitzvah

מִי שֶׁבִּרְךְ אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ, אַבְרָהָם יִצְחָק וְיַעֲקֹב, שָׂרָה רִבְקָה רָחֵל וְלֵאָה, הוּא
יְבָרֶךְ אֶת-_____ בַּת _____ שֶׁהֵגִיעָה לְמִצְוֹת וְעָלְתָה לַתּוֹרָה.
הַקְדוֹשׁ בְּרוּךְ הוּא יִשְׁמְרֶהָ וְיַחְיֶהָ וְיַכּוֹנֵן אֶת-לְבָבָהּ לְהִיטֵל שָׁלֵם עִם יְיָ אֱלֹהֶיהָ, לְהַגִּיד
בְּתוֹרָתוֹ, לָלֶכֶת בְּדַרְכּוֹ וּלְשַׁמֹּר מִצְוֹתָיו, וְתִמְצָא חֵן וְשָׂכָל טוֹב בְּעֵינֵי אֱלֹהִים
וְאָדָם, וְנֹאמַר אָמֵן.

May God who blessed our ancestors, Abraham, Isaac, and Jacob, Sarah, Rebecca, Rachel and Leah, bless _____ who has come for an *aliyah* upon the age of *mitzvot*. May the Holy One guard her and sustain her, helping her to be wholehearted in her faith, studying God's Torah, walking in God's ways and fulfilling God's *mitzvot*. May she find favor before God and all people. And let us say: Amen.

Hagbah v'G'lilah
Raising and Rolling of the Torah Scroll

V'zot HaTorah
This is the Torah!

And this is the Torah that
Moses placed before the
people of Israel according
to the command of
Adonai, by the hand of
Moses.

*V'zot haTorah asher sam
Moshe lifnei b'nei Yisrael,
al pi Adonai b'yad Moshe.*

וזאת התורה אשר שם
משה לפני בני ישראל, על
פי יי ביד משה.

Reading of the Haftarah

The second scriptural portion for the morning comes from the Prophets. In times of persecution when Jews were forbidden to read or teach Torah, the Sages of the Talmud chose a correlated reading from a section of the Hebrew Scriptures that were not from the Torah. We continue this tradition today with the concluding reading from the Scriptures.

Birchot HaHaftarah
Haftarah Blessings

Before Reading the Haftarah

*Baruch atah Adonai Eloheinu
melech haolam, asher bachar
bin'vi-im tovim, v'ratzah
v'divreihem hane-emarim be-
emet.*

ברוך אתה יי אלהינו מלך
העולם, אשר בחר בנביאים
טובים, ורצה בדבריהם
הנאמרים באמת.

*Baruch atah Adonai, habocher
baTorah uv'Moshe avdo,
uv'Yisrael amo, uvin'vi-ei
ha-emet vatzedek.*

ברוך אתה יהוה הבורח
בתורה ובמשה עבדו וב ישראל
עמו ובנביאי האמת וצדק.

Praised are You, Adonai our God, Ruler of the universe who has appointed devoted prophets, messengers of truth whose teachings You have upheld. Praised are You, Adonai who loves the Torah, Moses Your servant, Israel Your people and prophets of truth and righteousness.

Blessing After Reading the Haftarah

*Baruch atah Adonai Eloheinu
melech haolam, tzur kol
haolamim, tzaddik b'chol
hadorot, haEl hane-eman
haomeir v'oseh, ham'dabeir
um'kayeim, shekol d'varav
emet vatzedek.*

ברוך אתה יי אלהינו מלך
העולם, צור כל-העולמים,
צדיק בכל-הדורות, האל
הנאמן האומר ועושה, המדבר
ומקיים, שכל-דבריו אמת
וצדק.

*Al haTorah, v'al haavodah, v'al
han'vi-im, v'al yom HaShabbat
hazeh, shenatata lanu, Adonai
Eloheinu, lik'dushah
v'lim'nuchah, l'chavod ul'tifaret.*

על התורה ועל העבודה ועל
הנביאים ועל יום השבת הזה
שנתת לנו יי אלהינו לקדשה
ולמנוחה, לכבוד ולתפארת.

*Al hakol, Adonai Eloheinu,
anachnu modim lach,
um'var'chim otach, yitbarach
shimcha b'fi kol chai tamid
l'olam va-ed. Baruch atah,
Adonai, m'kadeish HaShabbat.*

על הכל יי אלהינו אנחנו
מודים לך, ומברכים אותך.
יתברך שמך בפי כל-חי תמיד
לעולם ועד. ברוך אתה יי
מקדש השבת.

Praised are You, Adonai our God, Ruler of the universe, Rock of all ages, righteous in all generations, steadfast God whose word is deed, whose decree is fulfillment, whose every teaching is truth and righteousness. We thank You and praise You, Adonai our God, for the Torah, for worship, for the prophets, and for this Shabbat day which You have given us for holiness and rest, for dignity and splendor. For everything do we thank You and praise You. May Your name be praised continually by every living creature. Praised are You, Adonai, who sanctifies Shabbat.

Prayer for Our Country

O God, we invoke your blessing upon our country, the United States of America, as we strive to be a beacon of light in a darkening world.

Sustain us during times of uncertainty, guard us from calamity and injury; give us the courage to confront evil.

Enlighten us with Your wisdom, and sustain with Your power those whom the people have granted authority: the President, his/her advisors, and all who are entrusted with our safety.

May peace and goodwill, courage, understanding and hope prevail among all the inhabitants of our land;

And may Your goodness spread its blessings among us, and exalt our nation in righteousness.

Amen.

Prayer for the State of Israel

Avinu Shebashamayim

אָבִינוּ שֶׁבַשְׁמַיִם צוֹר יִשְׂרָאֵל

tzur Yisrael v'goal,

וְגוֹאֵל בְּרַךְ אֶת־מְדִינַת יִשְׂרָאֵל,

Barech et medinat Yisrael,

Reisheet tzmichat g'ualateinu.

רֵאשִׁית צְמִיחַת גְּאֻלָּתֵנוּ.

Avinu Shebashamayim, Rock and Redeemer of the people of Israel: Bless the State of Israel, with its promise of redemption. Shield it with Your peace. Guide its leaders with Your light and Your truth. Strengthen the hands of those who defend the land. Deliver them; crown their efforts with triumph.

Returning the Torah to the Ark

Let us praise the name of
God, whose name alone
is exalted.

*Y'hal'lu et shem Adonai,
ki nispav sh'mo l'vado.*

יְהַלְלוּ אֶת־שֵׁם יי כִּי נִשְׁגָּב
שְׁמוֹ לְבָדוֹ.

God's splendor covers
heaven and earth; God is
the strength of our people,
making glorious our
faithful ones, Israel, a
people close to God.
Halleluyah!

*Hodo al eretz
v'shamayim. Vayarem
keren l'amo, t'hilah l'chol
chasidav, liv'nei Yisrael
am k'rovo. Hal'lu Yah!*

הוֹדוּ עַל אֶרֶץ וְשָׁמַיִם, וַיִּרָם
קֶרֶן לְעַמּוֹ תְּהִלָּה
לְכָל־חֲסִידָיו, לְבְנֵי יִשְׂרָאֵל
עַם קָרְבּוֹ. הַלְלוּיָהּ.

For I have given you good
instruction; do not
abandon My Torah.

*Ki lekach tov natati
lachem, Torati al taazovu.*

כִּי לָקַח טוֹב נָתַתִּי לָכֶם,
תּוֹרָתִי אַל תַּעֲזוּבוּ.

It is a tree of life to those
who hold it fast, and all
who cling to it find
happiness. Its ways are
ways of pleasantness,
and
all its paths are peace.

*Eitz chayim hi
lamachazikim bah,
v'tom'cheha m'ushar.
D'rachehah darchei no-
am, v'chol n'tivoteha
shalom.*

עֵץ חַיִּים הִיא לַמַּחֲזִיקִים
בָּהּ, וְתוֹמְכֶיהָ מְאֻשָּׁר.
דְּרָכֶיהָ דְּרָכֵי־נֹעַם,
וְכָל־נְתִיבוֹתֶיהָ שָׁלוֹם.

Help us to turn to You,
and we shall return.
Renew our lives as in
days
of old.

*Hashiveinu Adonai
eilecha v'nashuvah,
chadesih yameinu
k'kedem.*

הַשִּׁיבֵנוּ יי אֵלֶיךָ וְנָשׁוּבָה,
חֲדָשׁ יָמֵינוּ כְּקֶדֶם

Aleinu L'Shabeiach

To Praise God

We must praise the God
of all, the Maker of
heaven and earth, who
has set us apart from the
other families of earth,
giving us a destiny unique
among the nations.

*Aleinu l'shabei-ach laadon
hakol, lateit g'dulah
l'yotzeir b'reishit, shelo
asanu k'goyei haaratzot,
v'lo samanu k'mishp'chot
haadamah. Shelo sam
chelkeinu kahem,
v'goraleinu k'chol
hamonam.*

עָלֵינוּ לְשַׁבֵּחַ לַאֲדוֹן הַכֹּל,
לְתֵת גְּדֻלָּה לְיוֹצֵר
בְּרֵאשִׁית, שֶׁלֹא עָשָׂנוּ
כְּגוֹיֵי הָאֲרָצוֹת וְלֹא שָׁמְנוּ
כְּמִשְׁפָּחוֹת הָאֲדָמָה, שֶׁלֹא
שָׂם חֵלְקֵנוּ בָהֶם וְגוֹרְלֵנוּ
בְּכָל־הַמּוֹנִם.

We therefore bow in awe
And thanksgiving before
the One who is Sovereign
over all, the Holy One, the
Source of blessing.

*Va'anachnu kor'im
umishtachavim umodim,
lifnei Melech mal'chei
hamlachim HaKadosh
Baruch Hu.*

וְאֵנַחְנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים
וּמוֹדִים לִפְנֵי מֶלֶךְ מַלְכֵי
הַמְּלָכִים הַקָּדוֹשׁ בָּרוּךְ
הוּא.

And it has been said:
"Adonai shall reign over
all the earth; on that day
Adonai shall be One and
God's name shall be
One."

*V'ne-emar, v'hayah
Adonai l'Melech al kol
haaretz. Bayom hahu
yih'yeh Adonai echad
ush'mo echad.*

וְנֹאמַר: וְהָיָה יי לְמֶלֶךְ עַל
כָּל־הָאָרֶץ, בַּיּוֹם הַהוּא
יְהִי יי אֶחָד וּשְׁמוֹ אֶחָד.

Mourner's Kaddish

Let God's name be made great and holy in the world that was created as God willed. May God complete the holy realm in your own lifetime, in your days, and in the days of all the house of Israel, quickly and soon. And let us say Amen.

*Yitgadal v'yitkadash
sh'mei raba. B'alma di
v'ra chirutei, v'yamlich
malchutei, b'chayeichon
uv'yomeichon uv'chayei
d'chol beit Yisrael,
baagala uviz'man kariv.
V'im'ru: Amen.*

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שֵׁמֶה רַבָּא
בְּעָלְמָא דִּי בְּרָא כְּרֵעוּתָהּ,
וְיִמְלִיךְ מַלְכוּתָהּ בְּחַיֵּינוּ
וּבְיוֹמֵינוּ וּבְחַיֵּי דְכָל-בֵּית
יִשְׂרָאֵל, בְּעָגְלָא וּבְזִמָּן קָרִיב,
וְאָמְרוּ אָמֵן.

May God's great name be blessed, forever and as long as worlds endure.

*Y'hei sh'mei raba
m'varach l'alam ul'almei
almaya.*

יְהִי שֵׁמֶה רַבָּא מְבָרַךְ לְעָלָם
וּלְעָלְמֵי עָלְמַיָּא.

May God's name be blessed, and praised, and glorified and held in honor, viewed with awe, embellished and revered: and may the blessed name of holiness be hailed, though it be higher than all the blessings, songs, praises, and consolations that we utter in this world, And let us say Amen.

*Yitbarach v'yishtabach
v'yitpaar v'yitromam
v'yitnasei, v'yit'hadar
v'yitaleh v'yit'halal sh'mei
d'Kud'sha B'rich Hu, l'eila
min kol birchata v'shirata,
tushb'chata v'nechemata,
daamiran b'alma. V'imru:
Amen.*

יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר
וְיִתְרומֵם וְיִתְנַשֵּׂא, וְיִתְהַדָּר
וְיִתְעַלֶּה וְיִתְהַלָּל שֵׁמֶה
דְּקֻדְשָׁא, בְּרִידָהּ הוּא לְעָלָא
מִן כָּל בִּרְכָתָא וְשִׁירָתָא,
תְּשׁוּבָתָא וְנֶחֱמָתָא
דְּאֲמִירָן בְּעָלְמָא, וְאָמְרוּ
אָמֵן.

For us and for all Israel, may the blessing of peace and the promise of life come true, and let us say Amen.

*Y'hei sh'lama raba min
sh'maya, v'chayim aleinu
v'al kol Yisrael. V'imru:
Amen.*

יְהִי שְׁלָמָא רַבָּא מִן שְׁמַיָּא
וְחַיִּים עָלֵינוּ וְעַל כָּל-יִשְׂרָאֵל,
וְאָמְרוּ אָמֵן.

May the One who causes peace to reign in the high heavens, let peace descend on us, on all Israel, and let us say: Amen.

*Oseh shalom bimromav,
Hu yaaseh shalom aleinu,
v'al kol Yisrael. V'imru:
Amen.*

עוֹשֶׂה שְׁלוֹם בְּמִרְוֵמוֹ, הוּא
יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל
כָּל-יִשְׂרָאֵל, וְאָמְרוּ אָמֵן.

V'Shamru and Kiddush — Blessing for Wine

The people of Israel shall keep Shabbat, observing Shabbat throughout the ages as a covenant for all time. It shall be a sign for all time between Me and the people of Israel. For in six days Adonai made heaven and earth, and on the seventh day God ceased from work and was refreshed.

V'shamru v'nei Yisrael et HaShabbat. La'asot et HaShabbat l'dorotam b'rit olam. Beini u'vein b'nei Yisrael ot hi l'olam, ki sheishet yamim asah Adonai et hashamayim v'et haaretz, u'vayom hashvi-i shavat vayinafash.

וְשָׁמְרוּ בְּנֵי יִשְׂרָאֵל אֶת
הַשַּׁבָּת, לַעֲשׂוֹת אֶת הַשַּׁבָּת
לְדֹרֹתָם בְּרִית עוֹלָם. בֵּינִי וּבֵין
בְּנֵי יִשְׂרָאֵל אוֹת הִיא לְעָלָם,
כִּי שֵׁשֶׁת יָמִים עָשָׂה יי אֶת
הַשָּׁמַיִם וְאֶת הָאָרֶץ, וּבַיּוֹם
הַשְּׁבִיעִי שָׁבַת וַיִּנָּפֶשׁ.

Therefore God blessed the day of Shabbat and hallowed it.

Al kein beirach Adonai et yom HaShabbat vay'kad'sheihu.

עַל כֵּן בֵּרַךְ יי אֶת יוֹם הַשַּׁבָּת
וַיְקַדְּשֶׁהוּ.

Praise to You, Adonai our God, Creator of the fruit of the vine.

Baruch atah Adonai Eloheinu melech haolam, borei p'ri hagafen.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, בּוֹרֵא פְּרֵי הַגָּפֶן.

Motzi — Blessing for Bread

Praise to You, Adonai our God, who brings forth bread from the earth.

Baruch atah Adonai, Eloheinu melech haolam, hamotzi lechem min haaretz.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, הַמוֹצִיא לֶחֶם מִן
הָאָרֶץ.

Song of Celebration

It is a good and lucky sign for us and for all Israel.

Siman tov u'mazal tov, U'mazal tov v'siman tov. Y'hay lanu. Y'hay lanu, y'hay lanu, ul'chol Yisrael.

סִימָן טוֹב וּמָזָל טוֹב, מָזָל
טוֹב וְסִימָן טוֹב. יְהִי לָנוּ.
יְהִי לָנוּ, יְהִי לָנוּ, וּלְכָל
יִשְׂרָאֵל.

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